



## Maximizing the Mentor/Mentee Relationship in the CQFP

### Objectives:

- Prepare mentees for a discussion with their mentors to shape expectations for working together
- Define the difference between coaching and mentoring
- Illustrate the life cycle of the mentor/mentee relationship in CQFP
- Gain insight into the value of the mentorship experience from a former CQFP graduate

### Required Reading:

1. Valerie Vaughn, MD, MSc; Sanjay Saint, MD, MPH; Vineet Chopra, MD, MSc; *Mentee Missteps: Tales From the Academic Trenches*; JAMA. 2017; 317(5):475-476.

<https://jamanetwork.com/journals/jama/fullarticle/2600471>

2. Vineet Chopra, MD, MSc; Dana P. Edelson, MD, MS; Sanjay Saint, MD, MPH; *Mentorship Malpractice*; JAMA. 2016; 315(14):1453-1454.

<https://faculty.medicine.umich.edu/sites/default/files/resources/Mentorship%20malpractice%20JAMA%202016.pdf>

3. Vineet Chopra, MD, MSc; Sanjay Saint, MD; *What Mentors Wish Their Mentees Knew*; November 07, 2017; <https://hbr.org/2017/11/what-mentors-wish-their-mentees-knew>

4. *Mentoring Systems: Benefits and Challenges of Diverse Mentoring Partnerships*

<https://www.aamc.org/professional-development/affinity-groups/gfa/faculty-vitae/mentoring-systems-benefits-challenges>

### Optional Resources:

Burgess, A., van Diggele, C., & Mellis, C. (2018). Mentorship in the health professions: a review. *The Clinical Teacher*, 15(3), 197-202.

The Science of Mentorship: A Podcast Series from the National Academy of Science, Engineering and Medicine. 10 episode series with topics such as power, identity, crafting mentoring practices and negative mentoring experiences. Available on Spotify.

“What great mentorship looks like in a hybrid workplace.” <https://hbr.org/2021/05/what-great-mentorship-looks-like-in-a-hybrid-workplace>