



HEALING, EDUCATION, RESILIENCE & OPPORTUNITY
FOR NEW YORK'S FRONTLINE WORKERS

EVIDENCE-BASED APPROACHES FOR SUPPORTING HEALTHCARE STAFF DURING THE COVID-19 CRISIS

A Summary By: The Kings Fund

Responding To Stress Experienced By Hospital Staff Working With COVID-19: Guidance For Planning Early Interventions

Staff may experience a wide range of normal feelings and anxieties during the early stages of dealing with Covid-19. The aim of planned responses to active ongoing stress is to **foster resilience, reduce burnout and reduce the risk of post-traumatic stress disorder.**

