



Corticosteroids for ARDS due to COVID-19

- **Steroids may be considered on an individualized basis for patients in respiratory distress with bilateral opacities on chest imaging and $\text{PaO}_2/\text{FiO}_2 < 250$ mmHg or need of any ventilation (invasive or noninvasive).**
- **Methylprednisolone 1 mg/kg initial IV bolus followed 12h later by 0.5 mg/kg IV q 12h for at least 7 days and then a slow taper.**
- **Treatment initiation should be guided by inflammatory markers (high CRP > 10 mg/dL), ferritin (>1000) and IL-6 if available.**
- **No positive bacterial cultures, no elevation in PCT (>0.5) and no current major immunosuppression.**