

2019 Novel Coronavirus (COVID-19) Interim Guidance: Protocol for COVID-19 Testing

Applicable to All Health Care Providers and Local Health Departments (LHD)

Background

NYSDOH is closely monitoring an outbreak of respiratory illness caused by COVID-19 that was first detected in Wuhan City, Hubei Province, China and which continues to expand. Health officials in China have reported thousands of infections with COVID-19, with the virus reportedly spreading from person-to-person in many parts of that country. Infections with COVID-19, most of them associated with travel from Wuhan, are also being reported in a growing number of international locations, including the United States. The United States reported the first confirmed instance of person-to-person spread with this virus on January 30, 2020. New York has now confirmed its first cases of person-to-person spread, and this number is expected to continue to increase.

Purpose

Appropriate and efficient standards for testing are an essential component of a multilayered strategy to prevent sustained spread of COVID-19 in New York State and to ensure resources are being efficiently distributed. Testing capacity for COVID-19 in New York State is being increased on a daily basis. However, until such time as we are at full capacity, this guidance is necessary to ensure that New York State prioritizes the resources to meet the most urgent public health need.

Testing for COVID-19 shall be authorized by a health care provider when:

- An individual has come within proximate contact (same classroom, office, or gatherings) of another person known to be positive; or
- An individual has traveled to a country that the CDC has issued a Level 2 or Level 3 Travel Health Notice, and shows symptoms of illness; or
- An individual is quarantined (mandatory or precautionary) and has shown symptoms of COVID-19 illness; or
- An individual is symptomatic and has not tested positive for any other infection; or
- Other cases where the facts and circumstances warrant as determined by the treating clinician in consultation with state and local department of health officials.

Precautions

Any release of information must adhere strictly to HIPAA and any other applicable laws governing personal health information. Contact NYS Department of Health for guidance. Any health care provider or LHD that has any request or would like to discuss a particular case should contact Dr. Debra Blog and the NYS Department of Health for specific guidance.