

NYSDOH Interim Movement and Monitoring Guidance for Asymptomatic Persons with Potential Exposure to 2019 Novel Coronavirus (nCoV)

NYSDOH has established the following exposure risk categories to help guide local health department (LHD) management of people following potential nCoV exposure. These risk categories should be considered interim and subject to change and apply to travel-associated and community settings. The categories may not cover all potential exposure scenarios and should not replace an individual assessment of risk for the purpose of clinical decision making or individualized public health management. Any decisions that place restrictions on a person's or group's movements or impose specific monitoring requirements should be based on an assessment of risk for the person or group. All exposures apply to the 14 days prior to assessment and recommendations apply until 14 days after the last possible exposure.

Important Notes:

- This guidance does not apply to healthcare workers. Until such guidance is available, please consult with NYSDOH prior to application of this guidance to individuals associated with work in healthcare or other sensitive settings.
- This guidance does not apply to airline crews.
- In general, these geographic exposures do not apply to travelers who only transited through an airport.
- Prior to the implementation of isolation or quarantine, LHDs must assess the setting to determine if it is appropriate. If the setting is not appropriate, LHDs must immediately arrange for a suitable, alternate location. An assessment of personal needs, education about how to prevent spread in the home, and the development of an action plan for what to do if the person becomes ill should also be completed. See NYSDOH's 2019 Novel Coronavirus (nCoV) Local Health Department (LHD) Guidance: Isolation and Quarantine.

Risk Category	Exposure Risk	Movement and Public Activity	Initial Assessment, Education and Action Plan Communication	Ongoing Monitoring	Travel
High	<ul style="list-style-type: none"> • Living in the same household as, being an intimate partner of, or providing care in a nonhealthcare setting (such as a home) for a person with symptomatic laboratory-confirmed nCoV infection (or diagnosed clinically with nCoV infection outside of the U.S. without laboratory confirmation) without using recommended precautions for home care and home isolation. • Travel from Hubei Province, China. 	<ul style="list-style-type: none"> • Remain quarantined (voluntary or under public health orders on a case-by-case basis) in a location to be determined by the LHD. No public activities. 	<ul style="list-style-type: none"> • Initial visit should be in-person with language assistance, as needed. • Assess suitability of setting for quarantine or home isolation needs. • Educate about how to prevent spread in the setting. • Establish a plan for medical evaluation. • For details: see <i>NYSDOH's 2019-nCoV LHD Isolation and Quarantine Guidance</i>. 	<ul style="list-style-type: none"> • Twice daily direct active monitoring¹. 	<ul style="list-style-type: none"> • Controlled.
Medium	<ul style="list-style-type: none"> • Close contact with a person with symptomatic laboratory-confirmed nCoV infection (or diagnosed clinically with nCoV infection outside of the U.S. without laboratory confirmation), and not having any exposures that meet a high-risk definition. <ul style="list-style-type: none"> • On an aircraft, being seated within 6 feet (two meters) of a traveler with symptomatic laboratory-confirmed nCoV infection; this distance correlates approximately within 2 seats in each direction. • Living in the same household as, an intimate partner of, or caring for a person in a nonhealthcare setting (such as a home) to a person with symptomatic laboratory-confirmed nCoV infection while consistently using recommended precautions for home care and home isolation. • Travel from mainland China outside Hubei Province AND not having any exposures that meet a high-risk definition. 	<ul style="list-style-type: none"> • Remain isolated at home or in a comparable setting. Avoid congregate settings, limit public activities, and practice social distancing. • Do not attend school or go to work. 	<ul style="list-style-type: none"> • Initial contact should be through direct means either: Preferably in-person. If not feasible, by video (e.g. Face-Time). • Confirm risk category. • Assess suitability of setting for quarantine or home isolation needs. • Educate about how to prevent spread in the setting. • Establish a plan for medical evaluation. • For details: see <i>NYSDOH's 2019nCoV LHD Isolation and Quarantine Guidance</i>. 	<ul style="list-style-type: none"> • Close contacts of a confirmed case in this category: <ul style="list-style-type: none"> • Daily active monitoring by LHD staff². • Travelers from mainland China outside Hubei Province with no known high-risk exposure: Daily active monitoring³ (can be performed by LHD staff or an automated two-way texting system), unless the volume of individuals in a county in this category preclude active monitoring, then self-monitoring. 	<ul style="list-style-type: none"> • Recommend to not travel after reaching final destination.
Low	<ul style="list-style-type: none"> • Being in the same indoor environment (e.g., a classroom, a hospital waiting room) as a person with symptomatic laboratory-confirmed nCoV infection for a prolonged period of time but not meeting the definition of close contact. • On an aircraft, being seated within two rows of a traveler with symptomatic laboratory-confirmed nCoV infection but not within 6 feet (2 meters) AND not having any exposures that meet a medium- or a high-risk definition. 	<ul style="list-style-type: none"> • No restriction. 	<ul style="list-style-type: none"> • In person, by telephone or by video. 	<ul style="list-style-type: none"> • Self-observation or once daily active monitoring³ (per LHD discretion). 	<ul style="list-style-type: none"> • No restriction.
No Identifiable Risk	<ul style="list-style-type: none"> • Interactions with a person with symptomatic laboratory-confirmed nCoV infection that do not meet any of the high-, medium- or low-risk conditions above, such as walking by the person or being briefly in the same room. 	<ul style="list-style-type: none"> • No restriction. 	<ul style="list-style-type: none"> • Not required. Per LHD discretion. 	<ul style="list-style-type: none"> • None. 	<ul style="list-style-type: none"> • No restriction.

¹ With direct active monitoring, public health workers will make a direct observation at least once a day to see if people have a fever or other symptoms. An example of direct observation is an in-person visit or by video (e.g. FaceTime). A second follow-up can be done by telephone, or in-person or video. Text-based monitoring should not be used.

² Close contacts of a confirmed case in the medium risk category should receive LHD staff communication via direct (in-person or video) or telephone call (text messaging should not be used for these individuals).

³ Use of an automated two-way text-based system is permissible, LHDs can consider more frequent contact and/or the use of in person, telephone or video communication based on their initial and ongoing risk assessment.