

GETTING HARLEM HEALTHY
5th Annual Rhythms for Life Men's Health Forum

Free *An Evening of Jazz* at North General Hospital

To promote a healthy lifestyle and counter the disproportionately high incidences of heart disease, diabetes and cancer in the Harlem community

June 19, 2008 beginning at 5:30pm

NEW YORK, June 9, 2008 – Heart disease, diabetes and cancer stand in the way of leading a long, healthy life: these leading causes of death in men are *preventable*. **The spotlight is on men's health at North General Hospital and the urgent need to address the health disparities for African American and Latino men.** During the free North General Hospital Men's Health Forum, "Evening of Jazz" on **Thursday, June 19th**

The *free-to-the-public* event includes **roundtable discussions on pressing health concerns and practical ways to address them and *GO GREEN EAST HARLEM COOKBOOK SIGNING WITH MANHATTAN BOROUGH PRESIDENT SCOTT M. STRINGER***

WHAT: An Evening of Jazz:

5TH ANNUAL RHYTHMS FOR LIFE MEN'S HEALTH FORUM
Free buffet dinner, music and health discussion with experts

WHY: To fight Harlem's higher rates of heart disease, diabetes and cancer and address health disparities for African American and Latino men

WHEN: Thursday, June 19 5:30pm

WHERE: North General Hospital, level C, 1879 Madison Ave

COST: Free; Buffet & Live Music by Robert Silverman *for additional information about the forum, call (212) 423-4992*

North General Hospital's *An Evening of Motown* is sponsored by Pfizer and is hosted by **Samuel J. Daniel, MD, President and CEO**

Harlem Health Facts:

- Life expectancy for African-American men is 7.1 years less than for white men

- African-American and Latino men are less likely than white men to see a doctor, even when they are in poor health.
- For non-elderly men, 46 percent of Latinos and 28 percent of African-Americans lack health insurance.
- Regardless of insurance status, men of color are less likely to receive timely preventive services, and more likely to suffer the consequences of delayed attention, such as limb amputations and radical cancer surgery.
- 64% of men aged 75 and over have hypertension.
- Non-Hispanic blacks and Mexican Americans are more likely to suffer from hypertension than are non-Hispanic whites.
- African American adults are 50% more likely to have a stroke than their White adult counterparts.
- African Americans have the highest rates of cancer in the world
- African Americans are twice as likely to die of prostate cancer than white men
- In 2002, African Americans were 2.2 times as likely as non-Hispanic Whites to die from diabetes.
- Type 2 diabetes is 2 times higher in Latinos than in Non-Latino Whites.

BACKGROUND

North General Hospital offers a continuum of healthcare. Recognized as a medical and community leader in Harlem, North General Hospital provides its varied communities with state-of-the-art healthcare services, highly qualified doctors and quality treatment centers. In addition to primary healthcare for children, adults and the aging, it offers comprehensive treatment programs in diabetes, obesity, asthma, hypertension, HIV/AIDS, heart disease, stroke, Hepatitis C, cancer, psychiatric disorders and addiction. For more information, please call us at (212) 423-4000 or visit our website at www.northgeneral.org.

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