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FOR IMMEDIATE RELEASE

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### **New York Methodist Hospital Welcomes New Chief of Urology**

New York Methodist Hospital recently recruited Ivan Grunberger, M.D., F.A.C.S., to become the Hospital's new chief of urology. Dr. Grunberger treats diseases of the kidneys and urinary tract in men and women, and the reproductive system of men. Dr. Grunberger's current research—which covers erectile dysfunction in men, urinary stress incontinence in women, complicated lower urinary tract infections, and treatments for both prostate and kidney cancer—reflects the breadth of his medical expertise.

“I look forward to continuing my research at NYM,” he said. “Research developments can lead to enhanced medical care for our patients. I'm also excited by the prospect of collaborating on projects with other departments and divisions at NYM, such as Radiation Oncology, Medical Oncology and Obstetrics and Gynecology.”

One example of treatment for prostate cancer covered by Dr. Grunberger's research is cryotherapy, a minimally invasive procedure that entails destroying cancerous tissue by freezing cells in the prostate gland. “Due to its minimally invasive nature, cryotherapy can be a good option for patients who are not able to undergo more invasive procedures,” said Dr. Grunberger. “It can also be ideal for patients who failed prior treatments with radiation.”

Before coming to NYM, Dr. Grunberger was vice chairman of urology at Long Island College Hospital. He is chairman of the Urology Section of the New York Academy of Medicine, and is certified by the American Board of Urology and the

National Board of Medical Examiners. He is also clinical associate professor of urology at SUNY-Downstate College of Medicine.

Dr. Grunberger expects that the Division of Urology will expand, and also aims to increase community awareness of various urological diseases. “Ivan Grunberger has a fine reputation, great energy, and various plans to enhance the urology service at New York Methodist Hospital,” said Errol Hankin, senior vice president of NYM. “His appointment places the Hospital at the forefront in the provision of urological medical services.”

Anthony Tortolani, M.D., chairman of the surgery at NYM, added, “The Hospital is delighted to welcome Dr. Grunberger as the new chief of urology. The recent growth in this division enables NYM to provide the highest level of care to patients who are diagnosed with urologic diseases or conditions.”

For more information about urological medical service at New York Methodist Hospital or to find a urologist whose office location, insurance and billing policies are right for you, please call the Hospital’s free Physician Referral Service at (718) 499-CARE (2273) or visit [www.nym.org](http://www.nym.org).

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New York Methodist Hospital, a voluntary, acute-care teaching facility located in Brooklyn’s Park Slope, houses 651 inpatient beds (including bassinets) and provides services to over 32,000 inpatients each year. An additional 350,000 outpatient visits and services are logged annually. The Hospital offers Institutes in the following areas: Advanced and Minimally Invasive Surgery, Asthma and Lung Disease; Cancer Care; Cardiology and Cardiac Surgery; Digestive and Liver Disorders; Diabetes and Other Endocrine Disorders; Vascular Medicine and Surgery; Family Care; Neurosciences; Orthopedic Medicine and Surgery and Women’s Health. The Hospital, founded in 1881, has undergone extensive renovation and modernization over the years. New York Methodist is affiliated with the Weill College of Medicine at Cornell University and it is a member of New York-Presbyterian Healthcare System.



Ivan Grunberger, M.D., F.A.C.S., chief of urology at New York Methodist Hospital, treats one of his patients.