



**FOR IMMEDIATE RELEASE**

**May 27, 2008**

**NEWS RELEASE**

**Contact:** Gina D'Angelo-Mullen  
**Phone:** 845-871-3500  
**Fax:** 845-871-3508  
**Email:** [gmullen@health-quest.org](mailto:gmullen@health-quest.org)  
**Web:** [www.northerndutchesshospital.org](http://www.northerndutchesshospital.org)

---

**Northern Dutchess Hospital hosts "Bike Right, Bike Fit" Event**

**Rhinebeck, NY...** Northern Dutchess Hospital will host a bike fit event on Saturday, June 21st from 9:00 a.m. to 12 noon. Physical Therapists will be on hand to assess bike fits and make necessary adjustments to maximize comfort and minimize injury. The event will be located in the former main entrance of the hospital.

Beginner, novice, and advanced cyclists are all welcome, as well as children and adults. The free event is being sponsored by the Catskill District of NY Physical Therapy Association. For additional information please call 871-3427

Northern Dutchess Hospital, a Health Quest affiliate, is a 68-bed, acute care hospital located in Rhinebeck, NY. The Health Quest system includes Vassar Brothers Medical Center in Poughkeepsie and Putnam Hospital Center in Carmel.

For more information about any of Northern Dutchess Hospital's services, log on to [www.health-quest.org](http://www.health-quest.org) or call 876-3001.

###